



THYME TO GET HEALTHY LLC

*Lindsey Fausnaugh RD, LD*

Lindsey Fausnaugh RD, LD  
NPI #: 1558582106

Registered Dietitian, CDR# 965213

Ohio Licensed Dietitian LD.5920  
Florida Telehealth TPND90

If you are planning to utilize insurance, please refer to the information below to ensure you have coverage for registered dietitian visits. My being in-network with your insurance carrier does not guarantee that your specific plan covers our visit.

I suggest calling your member number (typically located on the back of your insurance card) and asking:

- 1) Does my plan have outpatient coverage for nutrition counseling?
- 2) How many visits per year? Is it per calendar year or benefit year?
- 3) Does my plan offer preventative care coverage for outpatient nutrition counseling under the Affordable Care Act?
- 4) How many preventive visits are covered?
- 5) Is a physician referral required for insurance to cover the visit?
- 6) Do I have a co-pay, co-insurance, or do I need to meet a deductible?
- 7) \*If you are planning on a virtual visit ask: Does my plan cover telehealth or virtual visits for nutrition?

Once you have this information, please contact me again to schedule. If you do not have coverage, I have self-pay options we can discuss.

I appreciate you taking the time to determine your coverage. This will save us both a lot of time and should keep you from getting any surprise bills.

Sincerely,  
Lindsey Fausnaugh RD, LD  
p. 614-989-5058